

Yearly Orthodox Feasts and Holy Days

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Orthodox Fasting Days

I. Fixed Great Feasts

The date in parenthesis is the day on the church calendar

January 7 (December 25): The Nativity of our Lord

January 19 (January 6) : The Baptism of our Lord

February 15: The Meeting of our Lord Christ in the Temple

April 7 (March 25): The Annunciation of the Theotokos

August 19 (August 6): The Holy Transfiguration of our Lord

August 28 (August 15): The Dormition of the Theotokos

September 21 (September 8) The Nativity of the Theotokos

September 27 (September 14): The Cross Elevation

December 4 (November 21) : The Entry of the Theotokos

II. Movable Great Feasts 2019

April 21: Palm Sunday

April 28: Great and Holy Pascha

June 6: Holy Ascension

June 16: Pentecost - Trinity Sunday

III. Other Feasts

January 14 (January 1): Circumcision of the Lord

July 7 (December 26): The Nativity of St. John the Baptizer

July 12 (June 29): The Holy Apostles Peter and Paul

September 11 (August 29): The Beheading of St. John the Baptizer

October 14 (October 1): The Protection of the Theotokos

Orthodox Fasting Seasons 2019

I. The four yearly Fasting Seasons

March 11 - April 27: Great Lent

June 24 - July 11: Apostles' (Peter & Paul) Fast

August 14 - August 28: Dormition (Theotokos) Fast

November 28 - January 6: Nativity or St. Philip's Fast

II. Yearly Fast Days

(a) All Wednesdays and Fridays of the Year, except for Fast-Free Weeks (see below)

(b) January 18 (January 5): Eve of Theophany

(c) September 11 (August 29): Beheading of St. John the Baptist

(d) September 27 (September 14): The Elevation of the Cross

Year 2019

March 2: Meat-fare Saturday

March 23: 2nd Saturday in the Great Lent

April 6: 4th Saturday in the Great Lent

May 7: Radonitsa (Tuesday of the 2nd week of Pascha)

June 15: Trinity Saturday

November 2: Demetrius Saturday

Fast-free Weeks

- Nativity of Christ to Theophany Eve
- Week of Publican & Pharisee Sunday
- Week of Meatfare Sunday
- April 28 - May 4 (Bright Week)
- June 16 - June 22 (Trinity Week)