



GRAMMATA ON HUMAN SEXUALITY

When it comes to understanding the power of gender differences or anything else related to sexuality in our modern culture, we live under the continuous bombardment of targeted, distorted and often intoxicating messages about our sexuality, presented usually in a radically anti-wholistic way, as if something were to happen to an empty body. Thus, the natural meaning of human sexuality as well as the spiritual workings by the Holy Spirit are ignored. We are steadily indoctrinated by a shallow consumer culture to treat sex as an isolated, mechanical act with no relation to a person's past, future, emotions, relationships or health. Let us remember that our body is the temple of the Holy Spirit, not an amusement park.

Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own (1 Cor. 6:19).

Sexuality cannot be separated from the rest of existence. It always occurs in a complete embodied life, one humming with ceaseless spiritual and emotional activity. In the mix of contemporary messages about sexuality, the underlying urge to reproduce is ignored. Additionally, sex also makes us very vulnerable; thus the most desired quality in a partner is always trust.

As it appears that our modern generations lack the understanding of sexuality in its instinctive psychosomatic way, it is only consequential that we struggle to grasp gender differences. We tend to forget how savory and beneficial these differences are. Many tend to indulge in gender-based jokes, because clumsy stereotypes point toward something that fascinates and delights our sinful, illusory mind. The difference between genders is how we partner with God in the ongoing creation or evolution of the universe. Respect in honoring this gift enables us to create life, not only physically but also spiritually.

Give on the 27th day of October in the year MMXVI
Commemoration of the Holy Martyr Nestor

✠ Melchizedek
Patriarchal Exarch

